

Spring Movie
Preview Page 9

Spring Music
Preview Page 10

Vin Diesel
takes a more
dramatic
approach in
"A Man Apart."

King's legacy lives on at PUC

PUC campus closed to honor civil rights activist Martin Luther King Jr.

CHRISTOPHER JONES
News Editor

Purdue University Calumet closed campus on Monday, Jan. 20 to commemorate the life and legacy of Dr. Martin Luther King Jr. Across the United States campuses honored Reverend King with ceremonies celebrating the civil rights activist's life. PUC had no ceremonies to honor King.

Area schools such as Indiana University Northwest and Valparaiso University held ceremonies commemorating King and his life. On Jan. 16 IUN held a ceremony in its auditorium to celebrate King's legacy. On Martin Luther King Day Valparaiso University held a celebration titled "Dreams, Hopes and

Actions," which featured guests Dr. Raleigh B. Washington, pastor/executive vice-president of Promise Keepers Ministries.

PUC student opinions vary on whether the campus should commemorate King's life with a ceremony. Jesse Peeples, a junior majoring in industrial engineering, believes that the campus should memorialize the late civil rights leader with a ceremony.

"(A ceremony) would be a real positive thing, efforts to eliminate racism and to support peace, tranquility and the equal rights of all people," Peeples said. Ilango Gopalan, a PUC graduate student, believes that there should be a ceremony if there are groups that want to commemorate King.

In 1983 President Reagan signed a bill making Martin

Luther King Day a federal holiday. The bill did not pass without debate. The bill passed the House of Representatives on Nov. 2 1983 with a vote of 338 to 90.

When the bill was suggested there were those in the House who questioned a holiday for King when there was no holiday for individuals such as John F. Kennedy and Abraham Lincoln. A senator from Georgia, at the time, suggested to the House that King should not be honored with a holiday because he was a communist.

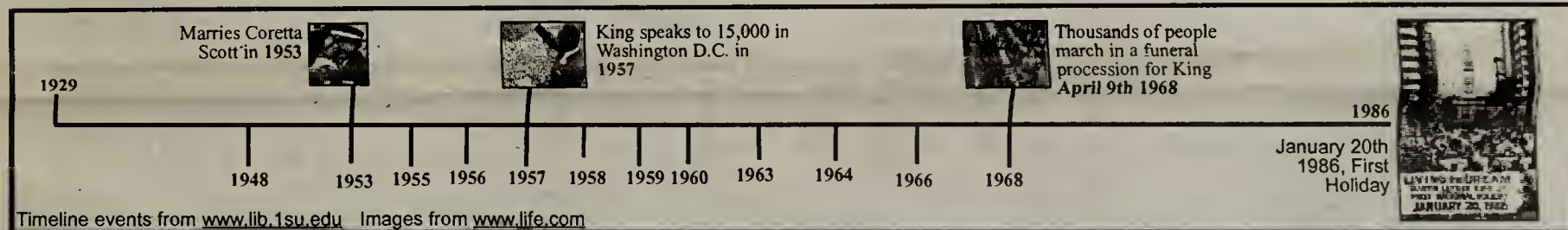
The first national celebration of Martin Luther King Day was on Jan. 20, 1986.

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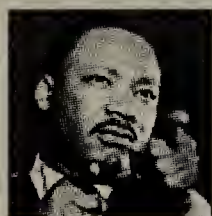


photo provided by www.life.com

Martin Luther King stands before a photo of Gandhi, a leader he is often referred to.



Timeline of Important events in Martin Luther King Jr.'s life



1929 - Born at noon on Jan. 15
1948 - Graduated from Morehouse College
1953 - Marries Coretta Scott
1955 - Joins the bus boycott
1956 - Supreme Court rules bus segregation illegal
1957 - King speaks to a crowd of 15,000 in Washington, D.C.

1958 - King's first book, "Stride Toward Freedom" is published
1959 - King visits India to study Mohandas Gandhi's philosophy of non-violence
1960 - King wins Nobel Peace Prize
1963 - King makes the famous "I have a Dream" speech
1964 - King appears on the cover of

Time magazine as it's Man of the Year
1966 - King moves to a Chicago slum to attract attention to the living conditions of the poor
1968 - King is fatally shot. There are riots in 130 American cities and nearly 20,000 arrests. King's funeral on April

19 is an international event. Within a week of his assassination, the Open Housing Act is passed in Congress.
1986 - A national holiday is proclaimed in King's honor.

Survey results spark possible solutions to smoking dilemma

TERRIE HENDERSON
Asst. News Editor

The results of the smoking survey, taken last semester, reveal insights on what the campus may do in regards to smoking on campus.

Nine hundred and eighty-two students filled out the survey regarding smoking on campus. There was a majority, 72 percent, of non-smokers who completed the survey, compared to 28 percent of smokers who also participated.

John Fetsis, senior majoring in political science and co-chair of the Smoking Coalition Committee, said the committee was formed by students who wanted to provide an atmosphere accommodating to both smokers and nonsmokers on campus, and also to inform students about the

dangers of smoking.

Nineteen percent of smokers and 72 percent of non-smokers expressed that there was a problem outside the doors with second-hand smoke as they walked into the buildings.

"A majority of students thought that smoking in front of the doors created a second-hand smoke problem. The committee is hoping whatever decision is made by the university and powers that be serves both smokers and non-smokers," Fetsis said. Fetsis assisted in selecting the questions that would be on the survey and distributing the surveys.

With the results of the survey being examined by the university, and with a majority of students displaying a desire for change from the current smoking situation on campus, questions are

raised concerning what route should be taken to come to a solution.

According to the survey the majority of students, 50 percent, believe the problem would be eliminated by designating smoking areas on campus where smokers could go that would prevent secondhand smoke to those who did not want to be exposed to it.

"The majority of students thought designated smoking areas would be the best solution. The committee is making an attempt to do something about (smoking) that doesn't take anything away from students," Fetsis said.

Fetsis said that this raised questions of where designated smoking areas would be located. He suggested there should be one located near every building on

campus.

Twenty-seven percent of students surveyed said enforcement of the current policy would eliminate any smoking problem that may be on campus.

Martha Lowry, Campus Wellness Coordinator and advisor to the Smoking Coalition Committee, said that although the current regulations on campus are posted throughout the campus, there is no enforcement. "It is intended to be a self-policing policy," Lowry said.

The current smoking policy states students may smoke on campus as long as they are outside and 50 feet away from any entrance, but the ashtrays are located less than 50 feet away from doorways.

Lowry explained why the policy and the ashtray locations were so contradictory.

"Originally, they moved the

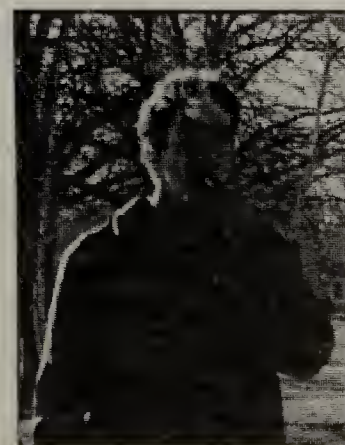


Photo by Jocelyn Gallegos

Justin Wright smokes on campus 50 feet away from the SFLC building.

ash trays but the students didn't move with them," Lowry said.

Lowry said students who continued to smoke would discard

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ADMINISTRATIVE UPDATE

Answers to your questions about proposed student housing at Purdue Calumet

As announced last month, the Purdue Board of Trustees gave Purdue Calumet approval to continue plans to construct student housing on campus.

The Purdue Calumet Chronicle editorialized about this matter in last week's issue. Indeed, this topic has generated a buzz of conversation and discussion on and off campus.

It also has prompted a number of questions. In Q&A format, following is the latest information about prospective student housing at Purdue Calumet.

Q Why develop student housing at Purdue Calumet?

A There are many benefits. But particularly compelling to this administration is the documented relationship between student housing and Purdue Calumet's strategic goal for improving student success. More specifically, more students stay in school and persist to earn their degrees in a timely fashion at universities/colleges that offer student housing than at non-residential campuses.

Q So, then, why didn't we pursue student housing years ago?

A With the establishment of the fledgling Community College of Indiana system, the Indiana Commission for Higher Education, in the interest of cooperation and partnership, recently opened the door to regional, commuter institutions such as Purdue Calumet to develop student housing on their campuses for up to 10 percent of total enrollment.

Q When will the dormitories be built?

A Not so fast. First, we're not talking about "dormitories" per se. Rather, our plan calls for apartment style units in a four-story structure. By apartment style, we mean fully furnished units, each comprised of two or four private bedrooms, one or two shared bathrooms, kitchen, living and dining areas—space to accommodate 360 residential students.

Second, for those units to become reality, our administration must raise \$2 million in private gifts of what we project to be a \$16.5 million project. The remaining funding would come from the sale of \$14.5 million bonds, which would be repaid from the rents generated by students residing in the facility. Raising \$2 million of the total price tag would keep rents more affordable and satisfy requirements of bondholders and financial institutions. (In Indiana, university/college housing facilities must be self-supporting. That means no state or tuition dollars may be used to finance such initiatives.)

Our time action plan is to embark immediately on fundraising efforts. Assuming we can satisfy our \$2 million obligation by later this year, construction is projected to begin in March, 2004 and conclude by May 2005. That would enable our first student residents to occupy the facility in time for the fall 2005 semester.

Q How difficult will it be to raise \$2 million in this sputtering economy?

A It will be a challenge, but we are excited and optimistic about our chances to do so. Hammond Mayor Duane Dedelow, with approval from the City Council, already has designated \$250,000 to our project. To be successful in our fundraising efforts we must convey the benefits of student housing at Purdue Calumet.

Q Such as...?

A Aside from helping distinguish Purdue Calumet as a comprehensive regional undergraduate and graduate university in the fullest sense, while nurturing a more complete university experience for our students—residents and non-residents alike—student housing will help stimulate economic and community growth through the residential environment it establishes.

It also will offer an alternative Purdue educational opportunity in the face of enrollment caps at the West Lafayette campus. Additionally, it will provide impetus for attracting students from beyond the Northwest Indiana area, including international students.

Q So do you expect these housing units to be filled by out-of-town students?

A On the contrary, according to the feasibility study conducted in researching this project, we discovered there are many current students and their families who desire a residential campus experience near their homes. Campus housing also is attractive to students who prefer to devote more time to their academic and other campus responsibilities and less time negotiating the challenges of commuting to and from campus.

Q Are there plans beyond 360 beds?

A Yes, Phase 2 of our plan calls for another 360 beds—subject to Phase 1 occupancy demand.

Q Finally, what would it cost to live in one of these units?

A Rent has not yet been finalized. That's a Board of Trustees matter. A projected best guess would be less than \$2,000 a semester to live in a four-bedroom unit and less than \$2,250 for a two-bedroom unit. By the way, those figures include utilities.

What's goin' on?

A look around campus

Intramural Basketball on New Gym Floor

Intramural 5 on 5 basketball will begin Sunday, Feb. 9 at the PUC gym. All games will be played on Sundays. All players must be fitness center members. Entry forms due by Wednesday, Feb. 5. Players without a team will be added to a team if needed. For information call (219) 989-2050.

Theatre Company to Hold Auditions

The Purdue Theatre Company will be holding auditions for a spring musical titled "Blood Brothers" on Wednesday, Jan. 22 and Thursday, Jan. 23 at 7 p.m. in SFLC 357. Performances are scheduled for March 7 through 9, March 14 and 15. For more information call (219) 989-2357.

Fitness Center to hold Weightlifting Competition

The PUC fitness center will be holding a bench/dead-lift competition on Wednesday, March 12 at 7 p.m. The competition will take place in the TFC weight room. The cost is free, but attendees must be PUC students, faculty/staff or fitness center members. All contestants must weigh in before 6 p.m. on the day of competition. For more information call (219) 989-2175.

Communication Professor to Lead Weekly Discussions

"Communication Café," a group that discusses issues in communication, will meet on Wednesday, Jan. 29 from 11 a.m. to noon in the Porter Building lounge (1st floor). Discussions will be lead by Professor Lee Artz and the topic will be announced on the meeting day. Coffee and snacks will be shared by all and everyone is welcome. For information contact Professor Artz at (219) 989-2298.

Sorority to Sponsor Diabetes Forum

The Delta Sigma Theta Sorority, Inc. Nu Eta chapter will sponsor a diabetes forum on Saturday, Jan. 25 from 10 a.m. to noon at the YWCA of Gary, 150 W. 15th Ave., Gary, IN 46407. The guest speaker will be Sherri Horvat of Methodist Hospital. The forum will feature education and awareness information about type I diabetes, type II diabetes, risk factors, signs and symptoms. There will be glucose testing, blood pressure screenings and refreshments served.

Fitness Center to hold Triathlon Seminar

The fitness center will present a training seminar for an indoor triathlon on Wednesday, Jan. 22. The Speaker will be John Bobalik. All seminars are located in K-129 of the PER Building. The cost is free and advanced registration is required. To sign up call (219) 989-2175.

Skylark Accepting Submissions

Skylark magazine is now accepting submissions in poetry and short fiction from students for a spring, 2003 edition. Submissions should be sent to Karen Tomaszewski, editor, in CLO-216. Short stories should be typed and double-spaced. Poetry should be typed and single-spaced. Name of author should appear on each page. Include SASE for reply.

PUC to hold Indoor Triathlon

The PUC fitness center will be holding an indoor triathlon on Tuesday, March 11 at 7 p.m. The event will be held on the PUC basketball court. The cost is free if attendees are PUC students, faculty/staff or fitness center members. The triathlon will consist of 10-minute intervals of biking, rowing and running. For more information call (219) 989-2175.

Say what?

"January is here, with eyes that keenly glow, a frost-mailed warrior striding a shadowy steed of snow."

—Edgar Fawcett
1847-1904

The Chronicle

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PUC brings new look to the World Wide Web

FRANK SPRANKLE
Sports Editor

The design's new, but the purpose remains the same. That describes the current status of the PUC website as it went under construction with a new image that became operational on Jan. 5. The site, which can be accessed at www.calumet.purdue.edu, is new in terms of its design but still can provide campus information with just a click or two.

"The new web site offers a more modern look and we wanted to make the navigation easy. All we are trying to do is make it user friendly," Wes Lukoshus said.

Lukoshus serves as vice chancellor for advancement/university relations and was the responsibility of his department to come up with the website's design.

The process of planning for the look of the website began nearly a year ago with hopes of updating the site's image when construction of the project started in July and lasted more than six months.

"It was exhausting, I must have averaged 80 hours of work in one month alone," Mark Sharp, a designer for

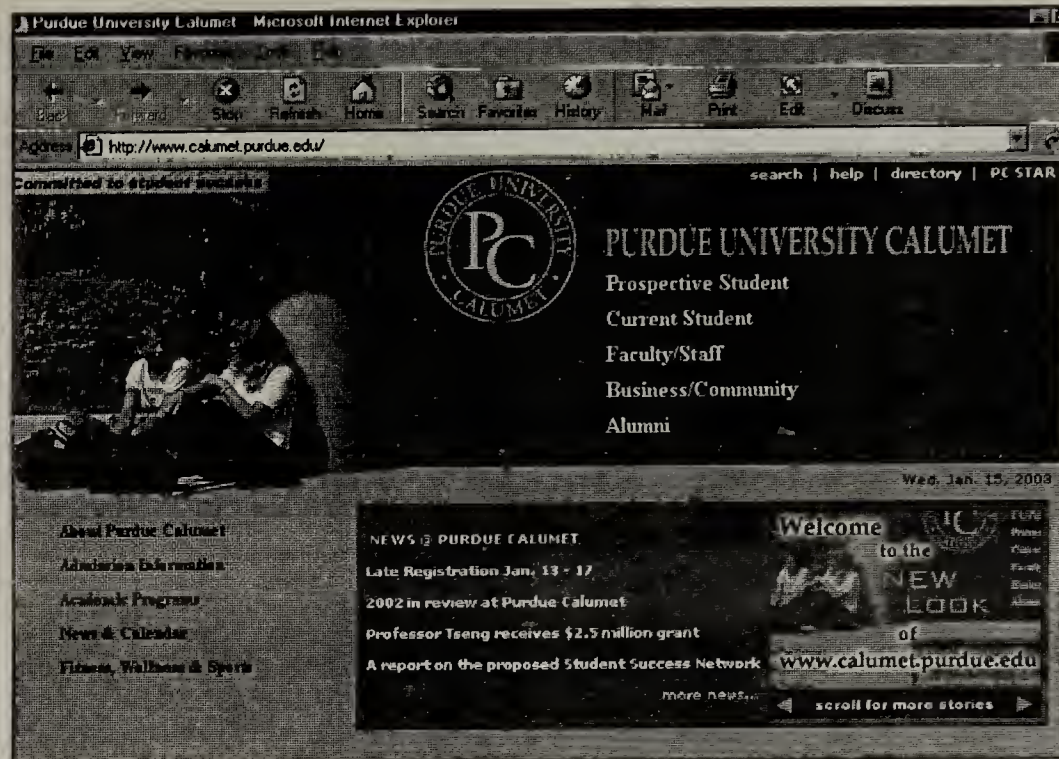
the university relations department, said. His task was to get the purposed design together and online.

The colors of black and gold at the top border give the site a new look. From this screen online users can access their PC star account, directory and search engine, while campus news can be obtained at the screens bottom border. The bottom right hand corner of the screen features a new area that profiles stories of alumni that have gone on to positive tasks as a result of their PUC education.

"We want people to see just how a PUC degree can transcend to success," Lukoshus said on the purpose of this new feature.

In designing the web site, it also took the commitment of the computer information and technology service who provided the equipment needed for the project.

"We worked well together they got a tough job so we try to be as supportive as we can," Doug Sharp, assistant vice chancellor of information and instructional technologies for CTIS, said. He has been pleased with overall appearance of the web site, including the black and gold



Screen capture of the new PUC website

colors that cover the home-page.

University relations reached its goal of having the site operational before the spring semester began for academics purposes. Information on the new site was communicated to faculty and staff before it was launched.

"It was a challenge in communicating with the different personalities," Linda Kosteba said.

Kosteba serves as coordinator of electronic publishing for university relations and supervised the site's completion. Still, some flaws remain in the website. One of the website's setback is not

having every single campus department's information, but this feature will get worked on as the semester goes by.

"The website is an on going project even still in the works right now," Lukoshus said. "Overall, we see this site as being a good communication and marketing vehicle."

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The Chronicle

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Fall 2002

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Web registration still just a dream

Over the span of the last two years, The Chronicle has reported on two occasions about the Enrollment Services Center's plan to introduce online class registration using the World Wide Web. This proposed system was not intended to be a substitute for academic advisors, but rather to be used as a helpful tool for busy students on the go who don't always have time to come to campus, especially if they wanted to add classes, drop classes, and check their graduation requirements.

In light of PUC unveiling a new look to their Web site, providing online registration via the web should continue to be designed, developed, and implemented. The new look of the PUC web site has the potential to serve the university well in a public relations sense, especially as they continue to remove the bugs from the new site design one by one. However, an essential part of good public relations for PUC also includes implementing a system that can better serve the customer base, i.e. facilitating online registration for students.

Developing and implementing a system like this will not be easy, as it will require the cooperation of academic advisors, Computing Technology and Information Services, University Relations, and the help of students to help test the system and make it workable. Hardware and software programming expertise will be needed, as well as potential test users of the system (both advisors and students) before it goes live. If this system is not tested out as completely as possible before going live, then problems similar to what happened in last year's Student Government Association elections could occur. Technical problems would delay the launch of the system. The SGA elections were delayed a week last year.

Implementing this type of system in a successful manner would be a very good example of how exceeding the expectations of students would make for a better quality educational experience, as students can pick classes on their own schedule, and not necessarily that of an academic advisor.

Granted, some students will still need the services of an advisor from time to time, for whatever reason. For those students that do, the university or individual departments should still allocate resources for advisors to do their jobs. But, for the student who has been on this campus a while, who knows what courses needs to be taken to obtain a degree or even a certificate can benefit greatly from utilizing the web to register for classes—especially if the student is knowledgeable in navigating the web. With online registration, certain departments who have more than two or three advisors can evaluate and possibly reduce the amount of staff that spends time advising students and focus on either saving money per Chancellor Cohen's Strategic Plan, or in the cases where instructors also advise students, allow for instructors to have more time to provide our students with a quality educational experience.

The challenge is definitely there for the Enrollment Services Center. Do not be afraid to exceed expectations and come up with a very good online registration system. Some other departments in the university community could learn from your example and exceed student expectations in their own unique way.

The Chronicle Editorial Policy

The views expressed in the commentaries and Letters to the Editor do not necessarily reflect the views of The Chronicle or Purdue University Calumet. The Chronicle is not an official publication of Purdue University Calumet.

The Chronicle welcomes reader input. Letters and commentaries must include the author's name, class standing or other affiliation and a telephone number for verification.

All materials submitted to The Chronicle become the property of The Chronicle. All material must be saved on a 3.5" DOS format disk. The Chronicle reserves the right to edit for clarity, accuracy, space and news style. Copy deadline is noon the Monday before publication.



Bookstore decision: eFollet vs. Suburban



FRANK SPRANKLE
Commentary Writer

Last October, this publication ran an interesting story that focused on the eFollet bookstore and Suburban Textbooks, which is adjacent to the PUC campus. The main thesis looked at the price difference between the two stores.

With the rush of returning for the new semester last week, everyone needed (or still might be in need) to purchase textbooks for the courses they so desire.

Buying books can possibly become one of the most frustrating aspects of being a college student, no matter the institution, at least for me it is.

No matter where someone goes for textbooks; they have the option of two fine bookstores. In the case of PUC, it's the campus's eFollet bookstore located on the first floor of the SFLC building. The alternative is Suburban Textbooks, which stands across the street for the campus on 169th Street. In fact, eFollet serves as a nationwide bookstore outlet, with locations on a number of college campuses.

Overall, this commentator has nothing negative to say about both stores, the eFollet store is a nice facility, for it goes beyond selling just text, but also published books, magazines, Purdue clothing and more. Back in October, eFollet underwent a renovation, and since its completion, it has looked great. On-the-other-hand, Suburban serves one purpose and that is selling text.

Now, while mentioning there was nothing negative about eFollet and Suburban, there is one major difference that separates the two. Suburban sells a good portion of their books as used. The eFollet store sells its used text at more of a cost than what Suburban charges. There are a good number of students who prefer buying used textbooks due to the price advantage and for that, it is Suburban that holds the cards in finding books at a low price.

Now some students can manage to hold a few extra bucks in their pocket and therefore might chose to buy books that have the pages still yet to be open. For buying new textbooks, eFollet holds the cards, even though the new books will always cost more than the used ones due to the publisher's price.

In having a brand new textbook, there are no notes, underlined texts with a highlighter or even the possibility of a few torn pages.

Not to say that used books are well-kept, a lot of them might have bent corners or writing in them, but it means saving money, which in the opinion of this commentator is the best and most important element of all.

Then again, common sense would tell all of us that more money saved, the better, and everyone desires more money.

Letter to the editor

To the editor:

I would like to respond to an article that appeared on page one of The Chronicle Monday, January 13, 2003. Ms. Sarah Lison reported on two female students at PUC who have elected to transfer to other area schools. I wish both of the young women quoted in the article well and hope they find good programs awaiting them.

My issue is with the statements regarding the "shoddy quality" of the sets for "The Days of Wine and Roses." I was the director for that play and the instructor for the Acting Class that performed it. About the sets: in fact, there were no sets, per se. Being that the class is an Acting class, the emphasis is on performance, not stagecraft. I utilize the equipment and technical facilities readily available here on campus. In this case, we used a computer projection system to show photographic images as backgrounds. This technique "sets the scene" without having to actually build sets, which can be expensive, time consuming and difficult to store.

Perhaps the materials Ms. Lison and Ms. Farver were referring to were the sheets of Styrofoam we used as a projection screen, which we found in the "abandoned building" in downtown Hammond. This so-called abandoned building had been used before by another theatre group, in fact, one in which Ms. Farver performed. This building is not in bad repair, as the description seemed to imply. Office suites in the building are being rented by lawyers and other business professionals; the first floor of the building contains a new art gallery being operated by the Hammond Business Development Corporation. The new Towle Theatre is being developed in Hammond and perhaps when it is completed I will be able to take my classes there to perform.

As for our performance in the TV Lounge here on campus, it was well attended. The Chancellor was there, as well as other members of the senior leadership team, and I heard no complaints from any of them about the quality of the venue or our performance. Many of the performances the acting classes have done over the past three years are suitable for smaller, more intimate space. Toward that end, plans are in the works to renovate a room here on campus that will serve as a performance space.

Yes, it would be wonderful to have more theater classes here. Until that happens, certainly students and faculty alike can engage in the plays produced by the Purdue Theatre Company, our award-winning group that puts on two productions a year. Speaking as the advisor of record for the almost defunct subUrban Theatre Ensemble, I invite young women like Ms. Farver (and young men, too) to resurrect that group and present theater pieces. After all, the play's the thing... and wherever, however, whenever that happens, we all benefit, whether we can major in it or not.

Sincerely,
 Corya Kennedy Channing
 Continuing Visiting Instructor

Professors pursue hobby in the classroom

JOCELYN GALLEGOS
Editor in Chief

Ed Vockell, professor of education and Mike Flannery, head of the behavioral sciences department, share the same interest. They both have a passion for martial arts and thus they collaborate to instruct basic self-defense to PUC students, faculty and staff in the course, Fitness Management 107.

In Basis Self-Defense, a one-credit-hour course, students stretch for the first fifteen minutes. Then, immediately begin practicing self-defense moves, specifically focusing on Tae Kwon Do. Vockell told students they must learn to kiop, which is an upright self-defense stance, correctly to earn an A for that specific day's performance. At the end of class, both Vockell and Flannery agreed the class had mastered how to kiop.

Jennell Paris, a senior majoring in organizational communication, described her experience in the course.

"When you enter you're a little nervous because you don't know what to expect. However, there was no sense of competition; I felt comfortable."

Paris took the course mainly to learn how to defend herself, which she said would help her project confidence. She added, "As a women, I would like to learn how to protect myself if I am ever in a bad situation."

Vockell, who has been teaching the course for at least nine years, began studying Tae Kwon Do 15 years ago. He became interested after enrolling his children in Tai Kwon Do lessons.

Although the course is worth one credit hour, Vockell does not get paid for instructing.

"I don't get paid for it. I enjoy doing it; I think people should contribute to the community," Vockell added.

When Flannery, who is not the instructor of the course, was asked to define his role, he modestly said, "I'm a clerk; I just take attendance."

John Bobalik, director of the Total Fitness Center, and Paris disagree. They both think Flannery is an asset to the class.

Paris said, "It is beneficial to have both the professor at one end of the room and Mike at the other end. Mike would circulate the room giving you one-on-one instruction when you needed extra help."

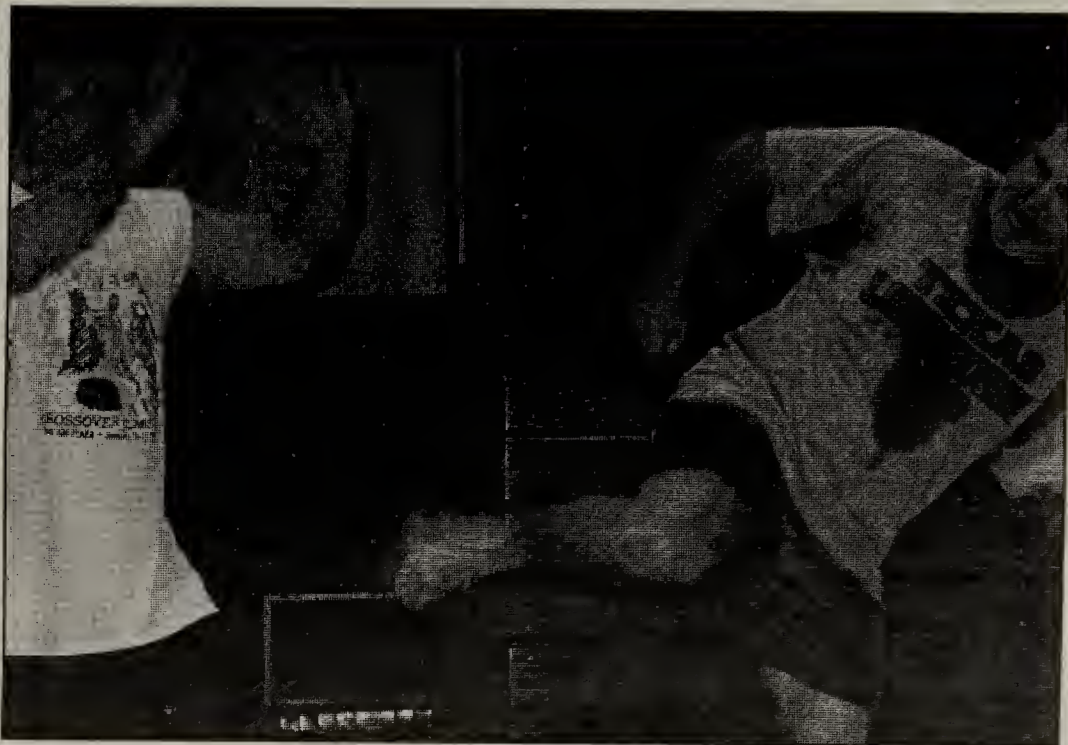
Bobalik considers Flannery to be equally involved in the course even though Vockell has been the instructor for a long time.

Flannery, who acquired extensive experience in martial arts while in the service, began assisting Vockell three years ago. Traditionally, Vockell extends an invitation to all faculty and staff to join the course for free. Flannery responded to the invitation and since has never left.

Vockell said having Flannery assist benefits those who learn techniques sooner than others.

"We are able to develop more advanced skills while teaching basic skills to the other people."

The class meets Tuesdays and Thursdays from 10 to 11 a.m. in the gym at the Physical Education and Recreation building.



Photos by Jocelyn Gallegos

Top right: Ed Vockell, professor of education and instructor of Basic Self Defense demonstrates a side-kick to the head on Mike Flannery, head of the behavioral sciences department.



Bottom right: Students in FM 107, Basic Self Defense only could earn an A for last thursday's performance if they learned to kiop correctly.

PURDUE ALUMNI ASSOCIATION CALUMET

Platinum Speakers S E R I E S



Presented by Purdue Calumet Alumna

Dr. Carolyn Smeltzer

Partner, Healthcare Consulting
PricewaterhouseCoopers



Purdue Calumet 1974 baccalaureate degree alumna in nursing, Carolyn Smeltzer is an expert in the business of healthcare. Having recently surveyed nearly 400 American and international healthcare leaders for her report, "HealthCast 2010: Smaller World; Bigger Expectations," she is uniquely qualified to prognosticate the health of the global healthcare industry in the coming decade.

After graduating from Purdue Calumet, she earned a master's degree in nursing and a doctorate in education, both from Chicago's Loyola University. Prior to joining PricewaterhouseCoopers, Dr. Smeltzer served as vice president of nursing at the University of Chicago Hospital.

The Future of Healthcare

Tuesday, February 4, 2003

6:00 PM - Networking

7:00 PM - Presentation

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Purdue University Calumet

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Yoga class helps relieve physical pain, emotional stress

TERRIE HENDERSON
Asst. News Editor

Yoga class helps relieve physical pain and emotional stress. There is a solution for students who struggle with the stress that sometimes accompanies full schedules and college life. Sometimes students find it hard to just let go of the everyday pressure to excel and succeed. Yoga, offered as a one-credit course, may help to provide some students with building a stronger clarity and sharper concentration for their studies. The class, instructed by Joanna Sypudt, focuses on achieving a mind-body connection and relaxation. Sypudt has been practicing yoga for 20 years and has been teaching for three. She is certified in hatha, which means "yoga for health."

"(The students) are able to come to a place of calmness and peace and this enhances the rest of their academic needs," Sypudt said.

The 50-minute class, which meets twice a week, creates a quiet atmosphere where students are asked to take their shoes off at the door and leave the day outside. The class then begins with a relaxation pose that scans

the body from the toes up and lastly releases the mind.

"The tricky part is that the mind's function is to create," Sypudt said.

The yoga classes cover many different areas of enhancing the mind and the body.

"A yoga practice has eight limbs including meditation, breathing, and spiritual consciousness, leading to the place of creating wholeness," Sypudt said.

Sypudt said that students who come into the class let go of ego and competition and are encouraged to just be.

Sarah Susoreny, a junior majoring in Visual Communications, took the yoga class recently and took with her valuable information on relieving pain and stress. "We learned about self-massages and reflexology. You have certain pressure points that can relieve pain and headaches, and increase circulation to certain organs," Susoreny said.

Jonnica Bianchi, a senior majoring in Elementary Education, was persuaded to take a yoga class by her doctor and her mother after receiving injuries from a car accident last fall. On a trip to Chicago, Jonnica was in an accident in which she broke both her wrist and ankle. She was in a wheelchair for a period of time, after which she used a

cane to help her walk.

"You never think you are going to go through something where you have to start over," Bianchi said.

In addition to helping Bianchi manage her pain from the accident, yoga has impacted other aspects of her life.

"We talk about balance. I feel more spiritually connected to the Earth," Bianchi said.

Bianchi's expectations of the yoga class have been reinforced by her impression of Sypudt.

"The moment I met her I felt at ease. She seemed like a peaceful person. I knew she would be able to teach me a lot," Bianchi said.

Bianchi commented on the location of the yoga class and expressed an interest in a bigger room where students could practice yoga.

"I wish there was a bigger class (room.) We are mat to mat and sometimes it is hard to concentrate," said Bianchi.

Bianchi also stressed the importance of yoga and that it is not something most take lightly.

"You wouldn't want someone laughing when you are trying to meditate," said Bianchi.

Sypudt asks her students to keep a journal and to write in it after class is completed.

Sypudt said she has found most



Photo from file

An attendant of Joanna Sypudt's last semester yoga class tries to relax and clear her mind. The yoga class is open to anyone for a fee.

students join yoga to release stress and tension but find the additional benefits to be useful, such as the spiritual aspect, which Sypudt stressed was not a religion but a spiritual practice. "The students enable me to

become a better teacher. I learn so much from the students. This is a calling I do this to give back from my own personal experiences," Sypudt said.

PUC theater classes, performances branch out to community

NICOLE MACKOWSKI
Staff Writer

In keeping with the strategic plan of the university, the theater department at Purdue University Calumet is branching out into the community, through two courses of action.

Corya Channing, associate professor of communication and creative arts, said that her theater 138 and 238 classes would perform in Lowell, Ind. at a World War II reenactment at Buckley Homestead. Over the course of the weekend approximately 3,000 people will attend the event. This event draws people from all areas, some of whom also participate in the performance.

"There is a man who portrays Franklin D. Roosevelt every year, one year a woman came and portrayed Eleanor, and for the whole weekend they played against each other has husband and wife. This is a great representation of how serious people are about their roles and how well they know the characters that they are portraying," Channing said.

This reenactment has been going on for approximately 5 years. This is the third year that students from PUC will be participating, Channing stated.

"To participate in this reenactment, the students will be performing a live radio broadcast on the Saturday and Sunday. This broadcast will consist of three to four different segments," said Channing.

In order to prepare for this event students in Channing's classes will begin by researching the history of radio as well as world events of the early 1940s.

The students have two options. They can either study a "real person" or they can make up a character based on the information that they have collected from their research. The characters that they create form relationships with one another, Channing added.

Channing said, "The first segment that we will perform is 'Let's Pretend', a segment of fairy tales and stories for children."

In between the segments, Channing added, students will also perform commercials and music. One year, in between seg-

ments, a student portrayed the character of Frank Sinatra.

"The second segment that students will be performing is 'Information Please,' a quiz show, which the students will be using to get audience involvement in the radio show," Channing added.

"I also take on a character role, the character that I have been portraying is Miriam Wolfeman, a woman who comes from a wealthy family from St. Louis. She leaves her family bakery to go to New York to become an agent to the stars. She later comes to the Midwest to look for raw talent," Channing said.

"The best thing about this experience is that it combines history, scholarship and acting in the same situation," Channing said.

The second course of action which students are able to use is the PUC theater company. This theater company has been in existence for the past 30 years.

Christine Parry, a junior majoring in communication and a member of the theater company for the past 3 years, stated that this spring the company

would be performing the musical "Blood Brothers."

"Blood Brothers," is a story of twin brothers who were separated at birth. One twin is to go to a wealthy family and the other twin is to stay with the birth mother. Due to their separation a superstition arises of the boys meeting. When the brothers meet, the show becomes "interesting," Parry said.

"I believe director Tom Bogucki chose this show, because the cast is not super large, there is not a need for a lot of scenery and there is the ability for us to work with what we have, people, time and stage space," Parry added.

Parry added, that under Bogucki's direction the theater company was nominated for and won the Lifetime Achievement Award from the Northwest Indiana Excellence in Theater Foundation.

"I hope that through achievements like this and these shows more students get involved in the theater company. We can do a lot here with our resources. We can do artistic things just like any college," Parry added.

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King

Continued from page 1

Students, such as Peeples, believe that King's efforts in race relations were substantial, but also believe that there are still areas of race relations that need to be addressed.

"Race relations have changed, but there's still a long way to go," Peeples said. Renea Maxfield, a campus employee for the educational talent search, believes that King was able to make strides in race relations and that his words and actions still motivate people today.

"Dr. King was able to make an awesome impact in the civil rights movement, yet injustice still rings loud in our nation. The dream that he spoke of in his famous speech is still deferred. I believe we are all a better people for having had the opportunity to know such a great man," Maxfield said.

The speech to which Maxfield is referring to is King's Aug. 28, 1963 "I Had a Dream" speech in Washington D.C. In the speech

King spoke of Lincoln's signing the Emancipation Proclamation and how it was a beacon of hope to slaves. The main theme of the speech however, was the need for all people, regardless of creed, color or religion to be treated equally.

"In a sense we have come to our nation's capital to cash a check. One hundred years later, the Negro is still languishing in the corners of American society and finds himself an exile in his own land. So we have come here today to dramatize a shameful condition," King said in his speech.

"This note was a promise that all men, yes, black men as well as white men, would be guaranteed the inalienable rights of life, liberty and the pursuit of happiness."

King's speeches have often been cited as inspiration by speechwriters and Maxfield said that one of King's speeches, in particular, inspires her.

"I often share Dr. King's quote with my students, 'The ultimate measure of a man is not

where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy,'" Maxfield said.

PUC students from other countries know of King's legacy either from their schoolwork or from classes at PUC.

Predrag Mitrovic, a sophomore majoring in psychology, said that he read about King in textbooks in his homeland of Serbia and believes that King is a very important man in the African-American community.

Svetlana Bialas, a PUC alumnus, said that she had never heard of King in Russia and was taught of his legacy only after she arrived at PUC. From what she has learned about King in her time at PUC she believes that King was a good motivator.

"I think he was a good speaker, was very knowledgeable in his topics and was very devoted to his culture," Bialas said.

Besides his "I Have a Dream" speech King gave a speech at Chicago's Soldier Field on July 10, 1966 in front of 50,000 people. After the speech King led 38,000 protesters to city hall and posted demands on Mayor Richard J. Daley's door. The demands focused on ridding Chicago of slum living situations for the city's black residents. The scene was later compared to Martin Luther's (King's namesake) posting his 95 theses on the door

"I have a dream that one day every valley shall be exalted, and every hill and every mountain shall be made low, the rough places will be made plains and the crooked places will be made straight and the glory of the Lord shall be revealed and all flesh shall see it together,"

- Martin Luther King, "I Have a Dream"

of a church in Wittenberg, which started a Protestant revolution. King's action led to a summit meeting with Daley over Chicago's slum housing situation.

When asked of King's legacy PUC students and faculty have similar viewpoints of the reverend as a pursuer of racial harmony and humanity, but some believe that people today tend to forget what King was striving for.

Jennifer Olszewski, a senior majoring in electrical engineering, said that she knows King was the main figure of the civil rights movement, but believes that others may have become comfortable with the state of race relations.

"Nowadays people have become complacent and forget (King) and we still live in the aftermath of slavery," Olszewski said.

Chris Pavleski, a sophomore majoring in electrical engineering technology, believes that one of King's legacies is that of a leader to his people.

"Obviously (King's) legacy was about giving African-Americans the same rights as

whites. This is one of the greatest achievements an African-American can do for his people," Pavleski said.

Gopalan believes that King's legacy was that of tolerance for all groups and that he did not make race a black-white issue, but made it an all-encompassing issue.

Maxfield thinks of King in a different way.

"When I reflect on Dr. Martin Luther King I think of a great man of service and justice. He will be remembered for the way in which he stirred a nation. Dr. King was passionate about his beliefs and when he spoke, his voice made all take notice," Maxfield said.

King was assassinated on April 4, 1968 in Memphis, Tenn. Many believe that King would have been able to make even greater achievements if he would not have been killed.

Mitrovic believes that had King lived that he would have continued in his civil rights crusade and continued to be very important in the African-American community.

Smoking

Continued from page 1

on the ground instead of walking to the ashtrays. Ashtrays were returned to their original locations to prevent litter and environmental concerns.

Twenty-three percent of students surveyed thought the campus should be a smoke free environment. Currently the campus does not permit smoking inside any building.

"By some standards we are already a smoke free campus," said Lowry.

Lowry said it was plausible the university would consider making the campus a completely smoke free environment.

"It is definitely being considered. How strictly enforced it will be, I don't know," Lowry said.

The Smoking Coalition Committee received a grant from the Center for Disease

Control to help the committee inform students about the dangers of smoking and to encourage current smokers who want to quit to do so.

Lowry said that 62 percent of the smokers surveyed said they would like to quit smoking cigarettes before they graduate college.

"That says to us information and encouragement about quitting on the campus would be well received so that is something you are going to see on campus," Lowry said.

Fetsis expressed an interest in recruiting students who are smokers to join the Smoking Coalition Committee. He stated they had no intent to pursue a non-smoking campus and that they were not trying to take away the right for students to smoke, but rather focusing on the needs and desires of all students on campus.

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ARMENIAN EXHIBIT INTRODUCES DIVERSIFIED STYLE

JOE JUAREZ
Entertainment Editor

The Northern Indiana Arts Association is celebrating the Armenian heritage by holding an art exhibition that not only introduces art fans to new artists, but also introduces them to a country that has gone through desperate times. With paintings, sculptures and video, these artists show people their experiences and their country through what they do best, which is being artists who are combining the past and present to help develop strategies for a better future.

If people in and around Northwest Indiana have not yet had a chance to experience the works of artists like Arman Grigorian, Karine Matsakin and Vahan Roumelian, you should do so at once. You would have a wonderful time looking at the fine works, and in addition, you can get to know the artists behind the work through the many videos that are presented throughout the exhibit.

With most work either inspired or politically motivated, each piece of art represents the Armenian culture.

"This is new to the art world," said director of exhibi-

tions, Ruth Crnkovich. "Each artist brings a different flavor to the show."

Favorites in the exhibit include Arman Grigorian's "Untitled" oil on canvas masterpiece. The painting depicts the violence and despair of Armenian life. Grigorian, the originator of Armenian pop art, creates his paintings from cultural influence and hypocrisy toward the Soviet government. From spending time viewing the piece of work, one can see the pain and suffering. Through the use of military helicopters, tanks and innocent people being portrayed, he gives a surrealistic feel to one of the country's toughest moments.

Karine Matsakin's paintings draw life to a more Americanized world. From paintings featuring a man buttoning his left sleeve without revealing a face or name (According to Crnkovich, it might be Elvis Presley), to a Marlboro cigarette box, Coca-Cola bottle cap and Greek mythological figures, she uses mostly western influences from the United States to help modify her work so that the art community would easily understand.

In her own self-portrait

titled, "Let's Switch," Matsakin is showing everyone what life is like. With her two dogs by her side, cigarette in hand and the Armenian flag in the background, she gives the art watcher the impression that she is laid back and not afraid of anything.

From Grigorian's culture, to Matsakin's western influences, the work of Vahan Roumelian can be seen as Armenia's step into the world of action painting. With influences of 1960s New York action painters such as Jackson Pollack, Roumelian's work mostly consists of the use of oil and canvas being joined together through the use of his emotions. Normally consisting of a collage of colors that is similar to that of Pollack, Roumelian encounters his emotions with his work. To say it one phrase, the more emotional, the better.

Since December of 2002, the Armenian Art Exhibition has drawn a lot of interesting people throughout northwest Indiana. Crnkovich hopes that these artists and others such as Arthur Sakissian can make a name for themselves not only here in this region, but in other venues as well.

"We brought the artwork to Munster to celebrate the



Photos by Joe Juarez

Ruth Crnkovich, director of exhibitions for the Northern Indiana Arts Association takes time to view a few pieces of Armenia's heritage.

(Armenian) heritage and to show how rich and diverse their country is because it has been overlooked for centuries," Crnkovich said. "We have had a great response in the Munster community and art community."

The exhibit will conclude on Monday, Feb. 17. Admission is free. The exhibit is located at 1040 Ridge Road in Munster. For more information, you can contact Ruth Crnkovich at (219) 836-1839 or by email at .

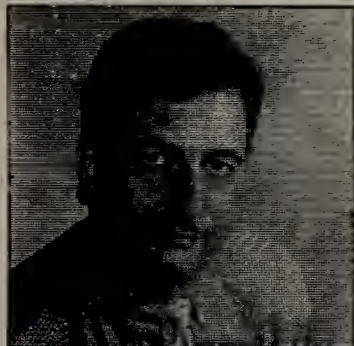
ARMENIAN EXHIBIT

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Journalist Ray Hanania's book blends humor with insight



Getting to know Ray Hanania

- * Resides in Orland Park, Ill.
- * He is the Executive Director of the National Arab American Journalists Association.
- * Recipient of the Sigma Delta Chi Chicago Headline Club award for column writing.
- * Worked for the Chicago Sun-Times from 1985 to 1991
- * Nominated for a Pulitzer Prize for a four-part series on Palestinian Treatment under Israeli occupation for the Chicago Sun-Times in 1991.
- * Published The Villager weekly newspapers from 1993 to 1996.
- * Worked as a political columnist at the Daily Southtown from 1977 to 1985.
- * He has hosted a live radio talk show on several local Chicago stations including WLS AM/FM from 1983 to 1992.
- * Published the Middle Eastern Voice newspaper from 1976 to 1978.
- * Launched the English language Arab-American View Newspaper in 1998.

TERRENCE ISBELL
Staff Writer

Life isn't always as easy as we intend for it to be. Sometimes things happen that we can't control, and we have to just contend with them the best we can. Even when the odds appear to be stacked against your favor, sheer perseverance is the only logical choice.

But in the case of Ray Hanania, those are exactly what he opted for when dealing with the trials and tribulations of growing up in the Chicago area. Only he chose to use extreme biting humor and wit via his book, "I'm Glad I Look Like a... Terrorist: Growing Up Arab in America."

Hanania has made it his trademark to wear many hats in the media industry, from Chicago Sun-Times columnist, to author, to comedian and usually an amalgamation of one of the

three. At a book signing that took place at Border's recently, he said that George Bush and his policies inspired him to choose the title of his book.

In the book, Palestinian-American Hanania flashes back to key moments in his life, ranging from his misadventures of growing up on Chicago's South Side, to his attempts to enter the political arena. Much of the book's humor comes from Hanania's descriptions of his childhood, such as his family's search for the perfect Christmas tree during the 1960s or the fact that his mother never allowed him to get his hair cut at a barber because she preferred to do it herself.

Hence the book's title, it probably goes without saying that Hanania obviously had to deal with select people in his lifetime assuming that because of his Arabic features, he was destined to go the terrorist route. He was asked if he felt that the

mindset of people in the United States had gotten better or worse as far as stereotypes.

"In spite of 9/11, I think it has gotten a little worse," he said. "Some people whether consciously or not, still look at you (meaning myself) and only see an African-American, and look at me, and only see an Arab-American, and nothing else. I never thought it was right to judge solely on appearance, but it still does take place in our society."

Hanania's description of his life in "I'm Glad I Look Like a Terrorist..." is complex, gritty, and hilarious all at once, and as far as getting one message out of it, he says it's a much broader scope than that.

"I wanted to share my experiences and let people know what was happening at those times in my life, and what's still happening. The range is much broader than you think."

Book Review



"I'm Glad I Look Like a... Terrorist: Growing Up Arab in America"



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PUC Talent Profile

Quarterturn's guitarist, John Prestipino, talks about his experiences with the band and the future

JOE JUAREZ

Entertainment Editor

Quarterturn's John Prestipino is an example of the many talents PUC has to offer. A junior majoring in history with a minor in American government, Prestipino has been involved in the local band scene since the fall of 2000 when the band Quarterturn was created.

With his musical influences ranging from classical to jazz and blues to bluegrass, John's work in the band not only involves being the lead guitarist but songwriter as well. With drummer Jim Eder, they write most of the band's original material.

"The music is an extension of Quarterturn," Prestipino said. "These guys are like brothers and the sound that we have created is something I am extremely proud of."

In addition to playing lead guitar and writing songs with Eder, Prestipino oversees the band's finances as well. When a decision needs to be made Prestipino, singer Patrick Eddy, bassists Matt York and drummer Eder decide as a group on what is best for the band.

There are usually disagreements within a group. Just like any disagreements, they work together on what needs to be fixed. From John's standpoint, it is the only healthy way for the band to survive.

"You have to be honest about what you want

and what you believe in. Everyone in the band is headstrong and very passionate about what they want," Prestipino said.

For bands who are starting to make in the local scene, they mostly look up to experienced bands who have already seen what is like to build up a fan base.

"Making it in the region, I think is a combination of talent and time in the scene," Prestipino said. "Both of those are a learning process."

Prestipino said PUC is a great place to meet other artists.

"You're taking a good chunk out of the region and there is going to be a good chunk of talent in there."

Right now, Prestipino's goals are as follows. He will be graduating next May and would like to go to the University of Chicago to get a master's degree in urban planning. As for his work with Quarterturn, he still wants to write, record and possibly release a CD. In addition, the band continues to perform throughout Northwest Indiana and the Chicagoland area.

"The biggest thrill in the local scene is just the fact that younger players look up to me and the rest of Quarterturn," Prestipino said. "That is a great feeling and I don't think that money could replace that. Just having people's respect is my biggest thrill."

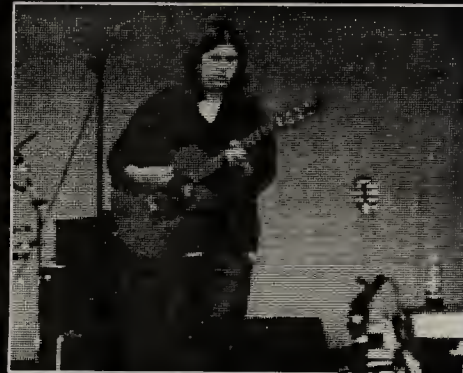


Photo by Joe Juarez

"These guys are like brothers and the sound that we have created is something I am extremely proud of."



Movies for everyone in coming months

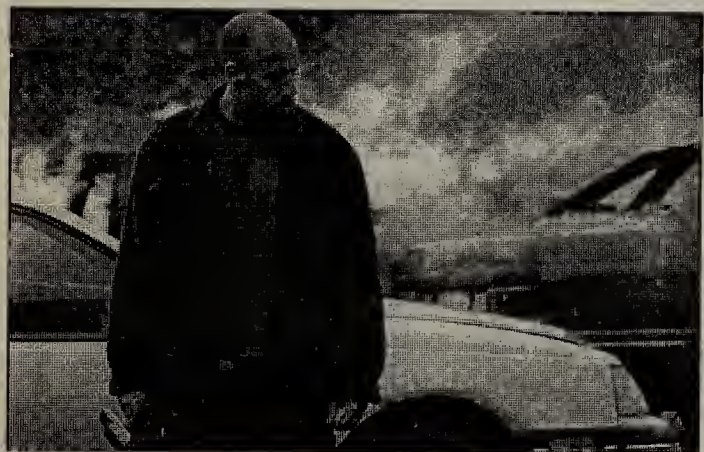


Photo provided by imdb.com

Vin Diesel takes a more dramatic approach in "A Man Apart."

AMY PILARCZYK

Assistant Entertainment

In the next couple of months movie viewers will be able to see a comic book hero, a "Minority Reporter" stars in two movies, a dramatic actress in a comedy and an action hero proving he can actually act.

The following are previews of some movies that will come out from now until April.

Fans of comic books will love "Daredevil" when it comes out

on Feb. 14. Ben Affleck stars as attorney Matt Murdock who becomes blind from radioactive waste. Even though he cannot see, his other senses have become stronger in the process. A powerful attorney by day and a martial arts hero by night, Murdock fights evil, while avenging the death of his father by going after the villainous Kingpin played by Michael Clarke Duncan. Jennifer Garner (Alias) stars as Matt's girlfriend Elektra. Movies inspired

from comic books have been big in Hollywood for some time now.

Last year "Spider Man" ruled the box office and this summer "The Hulk" will hit the screen. This movie will most likely be a big hit for comic book lovers everywhere.

Colin Farrell, who played Danny Witwer in the summer hit "Minority Report," will be in two thrillers this spring. First up in "The Recruit," Farrell stars as James Clayton who is training to be a CIA agent at a place called 'The Farm.' Soon Clayton suspects that his instructor, Walter Burke, played by Al Pacino and others are double agents. "The Recruit" comes to theaters on Jan. 28.

Farrell also has the lead role in "Phone Booth." This movie is about a man who answers a ringing pay phone. To his dismay, the caller on the other end is a sniper who threatens to kill him if he hangs up. Kiefer Sutherland, Forest Whitaker and Katie Holmes also star in this movie, which was supposed to come out on Nov. 15, but was postponed because of the sniper tragedy in Washington, D.C. It will be inter-

esting to see how people will react to a sniper movie. It should also be noted that this action thriller was filmed in only 12 days. Look for "Phone Booth" to come out on Feb. 14. It seems as if Farrell has been everywhere lately. He will be in five movies in 2003. He is the new up and coming actor right now.

"View From the Top" is the comedic story of Donna (Gwyneth Paltrow) who dreams of being a flight attendant so she can see the world. The movie also stars Christina Applegate as Donna's main rival and Candace Bergen whose character in the film inspires Donna to fulfill her dream.

This movie should be interesting to see Paltrow in a comedic role. She is known for mostly dramatic roles, like her Oscar winning performance in "Shakespeare in Love." This movie may seem silly to some, but there is not that many comedies coming to the theater in the next couple months. "View From the Top" comes to theaters March 21.

Vin Diesel stars as Sean Vetter in "A Man Apart."

Vetter is a DEA agent who is trying to bring Diablo (Timothy Olyphant), a local drug lord, to jail. Larenz Tate also star as Demetrius Hicks, a fellow DEA agent who gives Vetter all the help that he needs.

"A Man Apart" will prove if in fact Diesel can act. He is known for his action movies of "XXX" and "The Fast and the Furious." "A Man Apart" will be leading Diesel into a dramatic role. Look for it in theaters on March 21.

With all these titles there should be a movie for everyone to go see. There are dramas, thrillers, comedies and action movies, and if there is none that seem appealing just keep in mind that summer is around the corner where the weather will be better and also the movies.

Other movies that are coming out include: "How to Lose a Guy in 10 Days," "Shanghai Knights" and "The Hunted" in February.; "Dreamcatcher," "Identity" and "Johnny English" in March; and "Anger Management" and "How to Deal" in March.

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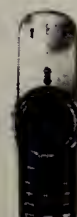
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Upcoming CDs in the key of 2003

NICOLE ELISCHER
Staff Writer

Beyonce's little sister, "American Idol" stars and Elvis' daughter, a troubled R&B star, a recent Grammy nominee and the Spiritual Girl are just a few of the acts that will be hitting the record stores between now and April. (Please note that dates are subject to change.)

On Jan. 21, fans of Beyonce Knowles will see if little sister Solange will be as

This album features the hit single "Feelin' You" (Parts 1 and 2), which was co-written and co-produced by Solange and Beyonce. It also includes tracks produced by The Neptunes, Timbaland and former 4 Non Blonde's front-woman Linda Perry. There will be guest appearances on the album from N.O.R.E, B2K, Da Brat and a duet with Lil' Romeo. Speaking of Beyonce, her solo album, "Dangerously in Love" will be arriving in stores this coming spring.

last year, but that's not stopping R&B star R. Kelly from delivering some sweet sounds on Jan. 28 with "Chocolate Factory." This 17-track album includes "Ignition (Remix)," "Step in the Name of Love," "Heart of a Woman" and for a limited time, a 6-track bonus CD called "Loverland Bootleg," which features songs "The World's Greatest" and "Heaven I Need a Hug." Kelly is also the subject of a children's book, "I Can Fly," to be released in bookstores on March 1.

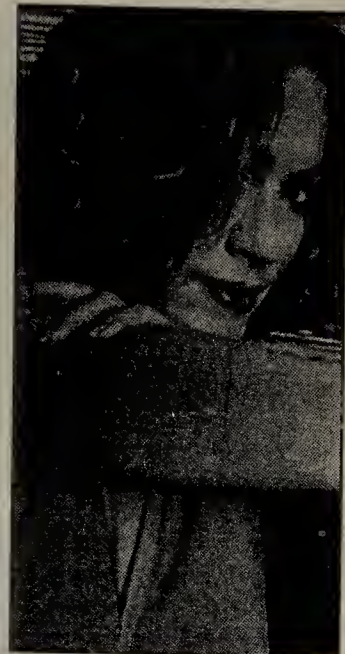
One of the big singers of last year was Boston-native John Mayer. Recently, Mayer was nominated for Best New Artist and Best Male Pop Performance at this year's Grammy Award's. On Feb. 11, "Any Given Thursday," a concert taped last September at Oak Mountain Amphitheater in Birmingham, Ala. will be available on CD and DVD. "Thursday" will feature tracks from Mayer's albums, "Room for Squares" and his released independent album, "Inside Wants Outside," along with previous unreleased new material. The DVD version will feature backstage footage, interviews and a

photo gallery.

Last summer, 28 million people tuned in to see Kelly "Cool Beans" Clarkson become the 2002 "American Idol." With her single, "A Moment Like This/Before Your Love" being played non-stop on the radio since November, comes the big questions. Will her debut album, which comes out March 18, make her a big star? Or will consumers make a purchase of big-haired runner-up, Justin Guarini, who's own debut album comes out that same day?

Yes, the rumors are true. On April 8, Lisa Marie Presley, the former wife of Michael Jackson and Nicholas Cage, will be following in her father's footsteps with her first album, which Alanis Morissette produced. Glen Ballard will be stepping in as not only producer, but co-songwriter with Presley.

Last year's James Bond singer Madonna has a new album coming out sometime in April that may have a bit of a spiritual tone. Tentatively titled "Ein Sof" (which is Hebrew for endlessness), it is being produced by Mirwais Ahmadzai, who



Madonna's new album, tentatively titled "Ein Sof," comes out in April.

helped the ever-changing Material Girl with 2000s "Music" and last year's single, "Die Another Day." Madonna's first single from this new CD will be "American Life."

Other CDs coming out this year include ex-Smashing Pumpkin Billy Corgan and his new band, Zwan; Third Eye Blind's "Crystal Baller"; Limp Bizkit's "Less Than More"; greatest hits of R.E.M.; Fleetwood Mac's first new album in nine years, and the return of Ricky Martin.

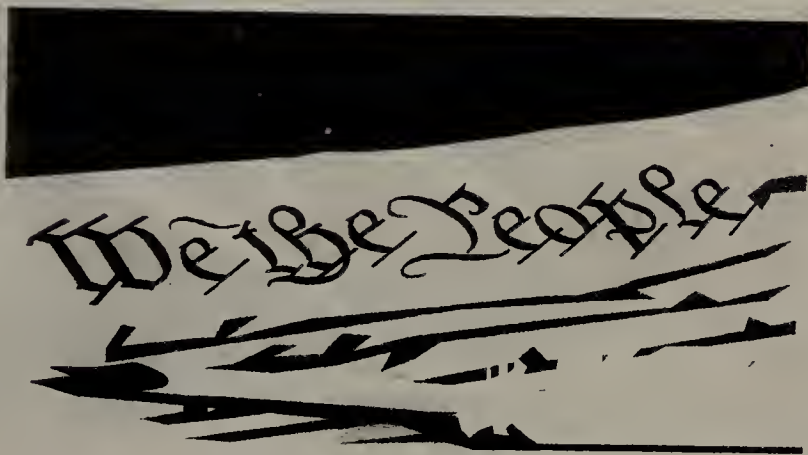


Photos provided by www.idolontv.com and musicfinder.yahoo.com

Kelly Clarkson's debut album comes out March 18.

big of a star as her sister with her debut album "Solo Star."

He may have had some problems with the law



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Lakers basketball teams play two and win

FRANK SPRANKLE
Sports Editor

In order for the PUC Lakers to pullout their second win over the Trinity College Trolls, they would once again have to protect a closely-knit lead.

In their Nov. 18 meeting in Palos Heights, the Lakers had only a five-point advantage at one point in the second half as they headed to victory. This time at the PER Building, they would need to build-on a three-point lead at the midway point in the second half, after one point of being on top by 11. But the Lakers would get their second win over the Trolls in a 65-59 final that had senior shooting guard Ray Stringer leading the way with 24 points and sophomore center Marquice Woods with a double-double of 12 points and 15 rebounds.

But that was the nightcap of a PUC doubleheader on Jan. 11. Before that, the Lady Lakers looked to even up their record, overall and in the CCAC (Chicago Colligate Athletic Conference). In meeting the Illinois Tech Scarlet Hawks, they faced a team that entered the game 0-11. The Lady Lakers denied the Hawks their first win of this season and pulled to .500 overall with an 88-31 win, moving their record to 9-9, (1-1 in the CCAC).

The Lady Lakers scored the first 22 points of the game. Illinois Tech did not put any points on the board until the 11:25 mark when senior shooting guard Abigail Ash hit a three.

Ash had 13 points and eight rebounds for the visiting Hawks, but her and junior guard Andrina Joseph's 15 points and eight rebounds were the only bright spots. Their team's 34 turnovers and a 26.1 shooting percentage for the game paved the way for the Lady Lakers who had plenty of contributors.

Sophomore guard/forward La'Sharon Watson had 18 points, while junior forward Megan Pacheco picked-up a double-double of 14 points and 10 rebounds. Freshman forward Nikki Borys led in boards with 11, not to mention nine points. Freshman guard Megan Patton had all 12 of her points in the second half, all coming on three pointers; she hit four of six from beyond the arc.

"I was focused. I came out ready to play," Patton said as she helped the Lady Lakers in getting their first CCAC win of the year.

"Every conference game is important, we need to play with attitude."

This win comes four days after the Lady Lakers dropped a tough loss, yet they played a promising second half against the Olivet Nazarene Tigers. The difference

between this win and that lost is the offensive production. In the first half they shot 51.3 percent, while over the Tigers, they only hit 31 percent in the first 20 minutes.

"It makes a difference, we should be able to do that every game," Lady Lakers head coach Dennis Smith said about the shooting in the two first halves against Hawks and Tigers. Offensive has not been the main factor when preparing for games.

"We don't run a lot of offense in practice, we stress defense and our girls are good at doing that and understanding it. Defense is what's going to help us win this conference," Smith said.

Following the Lady Lakers victory, the day would not be a complete success without the Lakers capping off their tenth win of the season over Trinity College. Doing so not only took the efforts of Stringer and Woods, but also that of Eric Beard. The junior forward provided 14 points, however it was his athletic ability that played a part for he kept on fighting for loose ball after loose ball. In fact five of his seven rebounds were offensive, which helped the Lakers keep a slim lead.

"The key in keeping the lead was offensive rebounding. If you look at all my games, rebounding has always been important to me," Woods said, who has held true to form.

Last year he was the Laker's leading rebounder and before this season began, he had the individual goal of averaging a double-double. Heading into the game against the Trolls, not only was he leading his team with 143 total rebounds, but also managed to do that with a per game double-double average of 13.6 points and 10.2 rebounds.

While the Lakers pulled down the big boards, free throw shooting became one disadvantage as they only shot 15 of 26 from the line, resulting in 57.7 percent.

"It was a tough game, we had too many turnovers and they should have been down in the 10 to 12 range," Lakers head coach Gary Hayes said, as his team committed 17 turnovers for the game.

"With the group players we have, we must play good defense," junior guard Jay Noble said, as the Lakers get set to face opponents in the CCAC. They finish their pre-conference record at 10-7. For the most part they feel confident.

"Right now we are in good shape, there are a few more things we need to improve on," Woods said. "I expect this team to come out ready to go at all times, the important thing is to protect home court advantage (for the play-offs)."

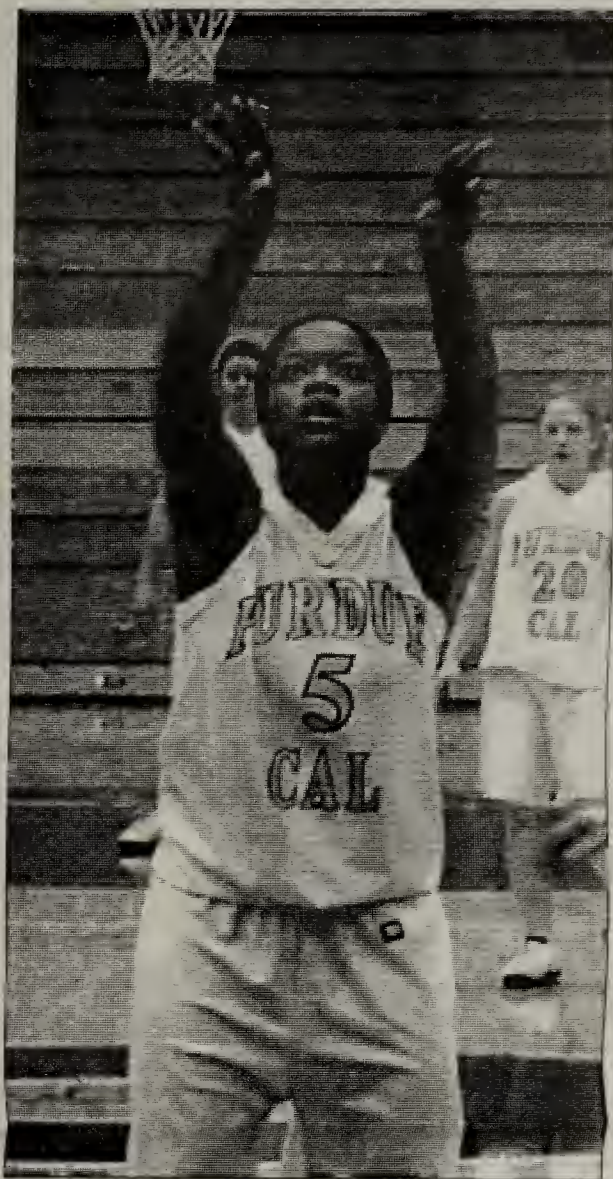
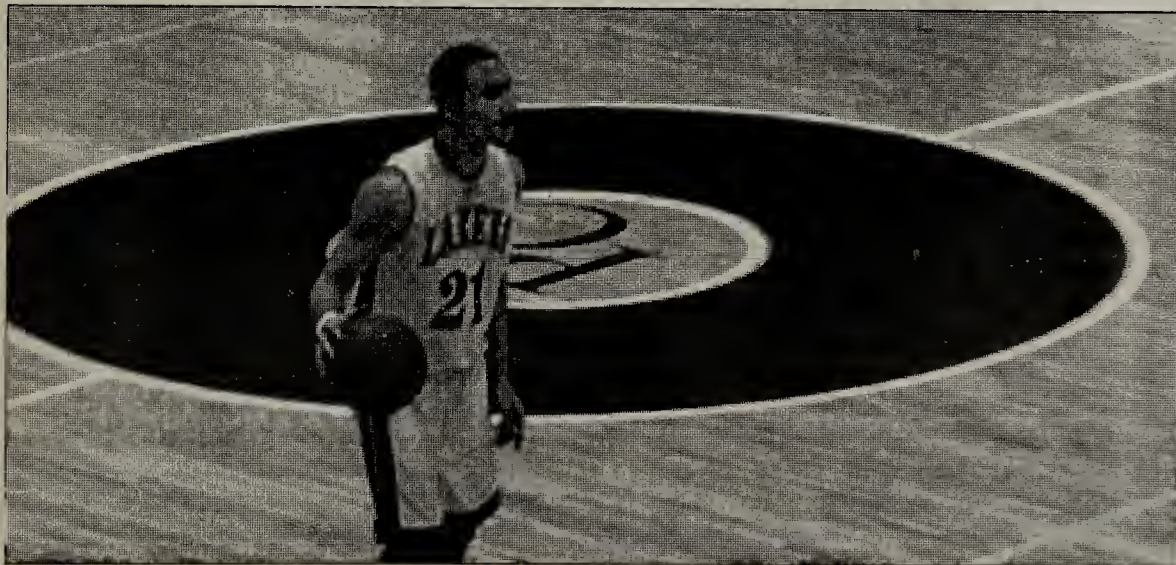


Photo by Dave Thompson

La'Sharon Watson was one of four Lady Lakers to have a double-digit point tally in an 88-31 CCAC win over Illinois Tech. Watson led with 18 points.



Photos by Dave Thompson

Ray Stringer's 24 points paved the way for the Lakers tenth win of the season and a PUC double-header sweep on Jan. 11 at the PER Building. The Lady Lakers defeated Illinois Tech 88-31 in the first game.

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FRANK SPRANKLE
Sports Editor

It started as a game that featured the best and the second class.

That was January 15, 1967 in the Los Angeles Memorial Coliseum when 61,946 people witnessed Vince Lombardi's Green Bay Packers route the AFL's Kansas City Chiefs 35-10. The attendance did not mount to a sell out as the Packers win proved how dominant the NFL was. That game was known at the time as the ALF-NFL World Championship Game or what is commonly referred to today as Super Bowl I, after the title of "Super Bowl" was created by AFL founder and current Chiefs owner Lamar Hunt who noticed a toy his children were playing with entitled a "Super Ball" as the word "bowl" replaced "ball" in his mind.

It was this 1960s toy that led to what has become known as the biggest and most commercial sporting event ever.

Sunday will mark the 37th chapter of the Super Bowl when Qualcomm Stadium in San Diego is the site (5:18 C.S.T., ABC) for a game that brings the nation together, for which it certainly did a year ago.

It took the right leg of Adam Vinatieri for the New England Patriots to capture the game last year. Vinatieri's 48-yard field goal as everyone knows unbroke a 17-all tie with time running out on the clock and in the end result was an upset of the St. Louis Rams.

Of course no upset can amount to the game that changed pro football forever. On January 12, 1969 in Miami's Orange Bowl, the NFL's heavily favorite Baltimore Colts entered Super Bowl III over a young quarterback four years out of playing for Paul 'Bear' Bryant at Alabama. But Joe Namath guaranteed a win and before he left Miami, the New York Jets pulled-off one of the single biggest upsets the history of sports has ever known. A win for the AFL, which became part of the modern day NFL in 1970.

The 1960's were a time of social and cultural change in this country, but pro football changed along side with that and by the end of the decade the Super Bowl had reached its popularity. For today, everyone watches it. A game that has only one meaning and that's to determine the champion of the NFL, no commercialization needed there.

A season of progression for the Lady Lakers

FRANK SPRANKLE
Sports Editor

A record of 9-9 may or may not seem pleasing to some, depending on the situation. In the case of the Lady Lakers, it's a turnaround from this time a year ago when the situation through 16 games leading-up to the CCAC (Chicago Collegiate Athletic Conference) schedule was five wins and 13 losses.

The Lady Lakers finished the 2001-02 season at 10-21 overall and 4-6 in the CCAC. But as this team is only two wins from matching the total victories from last season, the road to the success started out shaky.

PUC picked-up a pair of wins at the beginning of the season. They won by 40 over Calumet-St. Joseph and had the biggest field day perhaps any team can have the following day, when they stormed past IUN (Indiana University Northwest) 100-16, an 84-point margin of victory.

The bright start took a downward turn, as the Lady Lakers dropped their next seven straight and in November found themselves at 2-7. What started to turn into shades of last year's picture would evaporate, courtesy of a much-needed 10-day rest period.

"We needed the rest, everyone seemed to be lacking focus and we needed to regroup and get our minds fresh," La'Sharon Watson,

sophomore guard/forward, said as she led the Lady Lakers in steals with 39 heading into game against Illinois Tech on January 11.

And it worked; once the Lady Lakers returned to the court in December they won three out of four that month alone. Before starting CCAC play, they were on a four-game winning streak, bringing a different atmosphere to the court these days.

"We are more confident and we have worked harder, and we can trust each other," Watson said.

Some of that team confidence has also come about due the addition of juniors Megan Pacheco and Kristen Brown.

Both Pacheco and Brown came to the Lady Lakers from playing junior college ball at Illinois Central College in Peoria.

Through the midway point, both have made their presence felt. Pacheco has led the Lady Lakers in rebounding and blocked shots, while second in steals and assists, only behind her one time junior college and now PUC teammate Brown in the assist column.

Also making a quick impact has been the emergence of Nikki Borys. The freshman forward graduated from Crown Point High School in 2001 and even though she took a year off, she



Photo by Dave Thompson

Junior forward Megan Pacheco has made her presence felt with the Lady Lakers. The Illinois Central College transfer has averaged almost seven rebounds a game.

has developed as a starter.

"Everyone has been contributing on this team, but everyone needs to continue to play together," Borys said.

Borys leads the Lady Lakers in total minutes played with 420 total through Jan. 11.

"We know the way our coaches and all the other players talk about the conference. It's important to us," Borys said.

While Borys might be second in points, Sarah Bacan, who's on top of points scored, field goals,

three pointers and free-throws made, has emerged as the team's leader.

Bacan, in her third year with the Lady Lakers, has gone through the progress of the last two seasons from finishing only 5-26 two seasons ago, to a ten-win season last year.

Bacan and the rest of the Lady Lakers know that with the CCAC underway, it's a test to see what this group is capable of building on.

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